

# Move to the Music

Did you know that babies can hear music before they are born? You may notice how your baby or young child responds to music by smiling, bouncing, and wiggling around. Music helps language development, too, so make sure music is in your home, whether you play an instrument or not! The same goes for singing. Whether you sing well or not, sing to your child.

**Sing or play songs like the following and move to the music with your child:**

- Head, Shoulders, Knees, and Toes (Traditional)
- Here We Go 'Round the Mulberry Bush (Traditional)
- Hey Betty Martin (Traditional)
- The Hokey Pokey (Traditional)
- If You're Happy and You Know It (Traditional)
- Jim Along, Josie (Traditional)
- The More We Get Together (Traditional)
- Pop! Goes the Weasel (Traditional)
- Shake Your Sillies Out (by Raffi)
- Skip to My Lou (Traditional)

