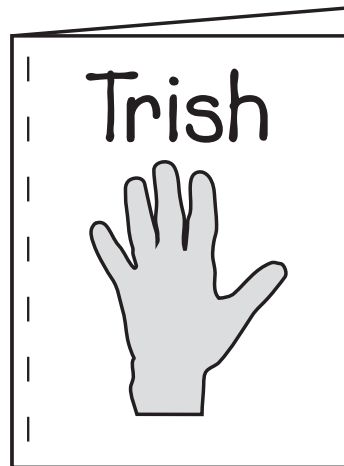


Touch and Feel Book

This is a fun project to do with your preschooler or to make for your baby or toddler. Personalize your book by including objects special to your family. Think about what your child enjoys, and plan your book around that. Fun times might include looking at birds (include a picture of a bird), helping to bake cookies, going to the beach (add a little zipper bag with sand) or mountains, and even picking up bugs. Creating this book together will help you remember these times and allow you to share them with friends and family.

What you need:

- various kinds of paper
- textured and patterned fabric: velvet, flannel, cotton, burlap, taffeta, corduroy. Ask patrons for donations of scraps.
- coloring pages
- pictures from discarded or donated magazines, clip art
- feathers
- buttons
- string
- zipper
- ribbon



What you do:

1. Use a variety of white or colored papers for the inside pages of your book.
2. Use two pieces of construction paper or card stock for the covers.
3. Write or have your child write his name on the cover. Trace your child's hand on the cover to personalize it.
4. Fill the inside pages with pictures or items to personalize the book. You or your child can draw pictures of things you like to do together. Or, choose coloring pages for your child to color and add. Pictures from magazines and other "touch and feel" items like a button in a favorite color, a piece of fabric your child likes to feel, a feather if he likes birds, etc.
5. When you have assembled all of your pages, staple them between the covers.